

# BUDDY POWER

teacher resource



Welcome to BUDDY POWER, a resource designed to involve students in learning about the dangers of tobacco use. The resource has three components:

1. A magazine for Primary Students working in a buddy situation
2. A booklet for Intermediate Student Leaders working in a buddy situation
3. A pamphlet for Teacher Sponsors

## Introduction

Research shows that students in grades 6 and 7 are very vulnerable to tobacco use. They are beginning to show their independence and to be interested in impressing the opposite sex. The power of tobacco advertising puts pressure on these students and that, coupled with peer pressure, tends to add to their vulnerability.

This resource is designed to help grade 6 and 7 students learn about the dangers of tobacco use. However, instead of having traditional lessons directed to them, they learn through teaching others in a cross-age tutoring situation. BUDDY POWER, an activity magazine written at the grade three level, will be their learning and teaching tool. They will learn to teach and then teach to learn. The grade 3 students benefit by being introduced to the dangers of tobacco use and their older buddies deepen their own understanding about the topic.

BUDDY POWER has many activities that intermediate and primary students can do together in a buddy setting. The Tobacco Prevention Leader Notes contain information for the intermediate students. Read the BUDDY POWER activities over carefully as some may not be suitable to your classroom composition or the location of your school.

It is recommended that Intermediate teachers follow the accompanying lesson plan to prepare their students for the project. Primary teachers should let their students know that their intermediate buddies will be giving them BUDDY POWER magazines and helping them learn about the dangers of tobacco.

It is suggested that the magazine be used for three sessions, as there are lots of interesting learning activities for the students. The time will be well utilized because many curriculum areas such as language arts, mathematics, science, art and social studies are integrated with this health topic.

It is not intended that every activity be done together. The magazine can be sent home with the suggestion that the students involve their families in learning about tobacco prevention. The students might even write letters to their parents or guardians telling them about the program and asking that they complete some of the activities together.

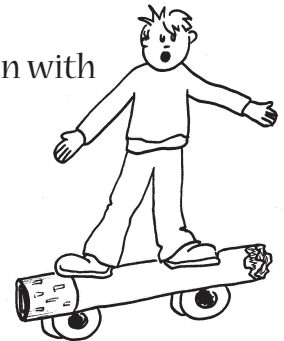
## MINI - LESSON PLAN

to introduce intermediate students to the BUDDY POWER project

### Objectives

Students will be able to:

- understand how they will share the tobacco prevention information with their younger buddies
- become familiar with the content of BUDDY POWER
- practice the activities in BUDDY POWER

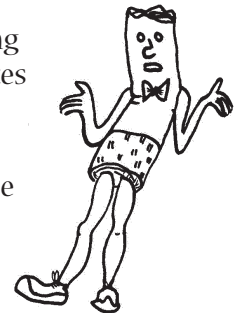


### INTRODUCTION

- Show students a copy of BUDDY POWER.
- Tell the students that they will use this magazine to learn about the dangers of tobacco use and help their primary buddies stay tobacco-free.

### BODY

- Distribute the magazines to each student and give them time to explore the contents.
- Distribute copies of the Tobacco Prevention Leader Notes and have the students read it in pairs.
- Create working groups of four or five students and use a jig-saw technique by assigning different sections of the magazine and accompanying Tobacco Prevention Leader Notes to each group.
- Tell the students that they are to become the 'experts' for their section and have them develop a plan to teach their classmates how to use that section with their grade three buddies. (Hint: Tell students to read the activity in the magazine first and then the information about it in the Tobacco Prevention Leader Notes.)



### CLOSING

- Invite each group to teach the rest of the students how to approach the section with their grade three buddies. Discuss each presentation thoroughly to ensure that everyone knows what to do.
- Make plans together about how many times the buddies will work together and how many activities might be accomplished at each session.

### Advice from the Pilot Teachers

- Have the intermediate students cut out the game pieces in advance and put them into an envelope for safe storage.
- Give students several blank cards on which to draw their Tobacco Trading Cards.
- Make sure that the intermediate students know the correct pronunciation and the meaning of the words used in the "Fill-in-the-Word" activity.
- Plan two or three 40-minute sessions.

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